

Annual Report of

THE ALLERGOLOGY, DIAGNOSTIC & CLINICAL RESEARCH UNIT (ADCRU)
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Year of Review: 2008

Aims & Objectives

The Allergy, Diagnostic and Clinical Research Unit (ADCRU) continues to serve as a centre for the diagnosis and management of allergic diseases. It serves as a specialised clinical arm of the Allergology Unit of the University of Cape Town. It has 5 main areas of operation:

- a) a diagnostic and research allergology laboratory
- b) a clinical trial research unit
- c) specialised allergy clinics
- d) training for undergraduates, fellows and postgraduate students in the field of allergology
- e) a patient education facility



Head: Professor Paul Potter

Overview of Activities

The unit expanded significantly since 2000 on the areas of laboratory services, clinical services, clinical trials, collaborative research and publications.

The laboratory increased its range of diagnostic tests with a special interest in the area of the role of tryptase in anaphylaxis, sodium sulphite and benzoate sensitivity testing using the CAST compared with double blind placebo challenge testing in the clinic setting. The laboratory has also become a service provider for the National Health Laboratory Service for specialised allergy tests, e.g. Tryptase for anaphylaxis and Sulphido Leukotriene Release tests.

The immunotherapy clinic has also expanded significantly with wider utilization of sublingual immunotherapy for children and adults with house dust mite or grass pollen sensitivity. Patients with venom and animal allergies still require the subcutaneous immunotherapy route. A new focus of this clinic is the effect of immunotherapy on Quality of Life in Allergic Rhinitis.

An area of expertise for which there is increasing demand in the clinic is in the field of controlled drug allergy testing for antibiotic and anaesthetic agents.

The telephonic consultation service in the field of allergy for practitioners around South Africa is used on a daily basis.

Patient education continues to be an important focus in our clinical approach to allergy management. This is not only important for inhalent allergies (e.g. asthma, rhinitis), but particularly in the field of drug allergies and food allergies.

The unit provided lectures and project supervision for MSc students from the Cape Technikon students and clinical fellows in training (M.Med and the Diploma in Allergy of the College of Medicine of South Africa).

Collaborative basic research projects continue with the University of Stellenbosch (in the field of TB, Parasites and Allergy). In addition the unit engaged in 33 international clinical trials since its inception. Income from the trials provides salaries and funding for the staff.

A weekend training course in Allergology for the Diploma in allergy was attended by 22 doctors in 2004. Basic and clinical research conducted in the unit was presented at the World Allergy

Congress, the European Academy of Allergy and Clinical Immunology (EAACI, Munich), the American Academy of Asthma, Allergy and Immunology Congress, the Allergy Society of South Africa Congress in Durban and the World Asthma Congress in Athens, Greece in 2005, in Vienna in 2006, in Moscow 2007, Doha (Qatar) 2007 and Goteborg (Sweden) 2007.

Dr. Angela Orren, a visiting scientist from the United Kingdom, joined the unit to co-supervise Caravan Wyk with her MSc project studying long term outcomes of patients with C6 deficiency.

Prof. Paul Potter was promoted to full Professor in 2007. He has also been nominated to the Board of Directors of the World Allergy Organization.

Professor Paul Potter recently drew up guidelines for HPCSA Registration of Allergology as a subspeciality and it was submitted to the HPCSA the end of October 2007. He also served on 3 International Committees of the World Allergy Organization and the Editorial Boards of 3 International Journals.

Staff

Clinicians:

Professor P.C. Potter (Director)
Associate Professor E. Weinberg
Dr. D. Hawarden
Dr. S. Emanuel
Dr. R. Mistry
Dr. C. Holmgren

Clinical Sisters:

Sr. S. Baker (Clinical Trial Co-Ordinator)
Sr. H. Thomas (Clinics & Immunotherapy)
Sr. G. Poggenpoel (Clinical Trial Co-Ordinator)
Sr. G. Brown (part time – Asthma Education)
Sr. L. Florus (part time – Clinic & Research)

Collaborative Research Scientists:

Dr. B. Nurse
Mrs. R. Prescott
Ms. S. Salie
Ms. M. Schinkel

Laboratory Technologist:

Mrs. B. Fenemore

Post Graduate Students:

Mrs. C. Stassen (MSc Student) (Immunology)
Mrs. G. Stear (MSc Student) (Dietetics)

Visiting Scientist:

Dr. A. Orren

Visiting Doctor:

Dr. A. Gouws

Executive Secretary:

Mrs. L. Terblanche

Receptionist:

Ms. Jade Poggenpoel

Clinical Research

Clinical Research in progress/completed:

1. Eczema studies (*Novartis*)
2. Chronic Idiopathic Urticaria study (MSD Pharma)
3. Sublingual studies:
 - a. Stallergenes (France): 3-year sublingual immunotherapy project completed. Results to be presented at the World Allergy Organization Congress in Bangkok, December 2007.
 - b. Leti (Spain): New 2-year trial of seasonal rhinitis (SAR) has commenced this year.
4. Paediatric asthma: Continuing studies in childhood asthma with MSD, Altana/Nycomed Madaus, Triclinium.
5. An FDA Audit was conducted in 2007 on a previous rhinitis study with a very successful outcome (no findings).

Specialised Services

1. **Clinical Services:** Assisted by Sr. H. Thomas and Sr. L. Florus. Ongoing services include:
 - a) Sublingual immunotherapy
 - b) Asthma and allergy education
 - c) Skin prick testing and basic lung function tests
 - d) Food allergy evaluation and challenge tests
2. **Laboratory Services:** Headed by Mrs. B. Fenemore. The ADCRU laboratory offers a full range of specialised allergy tests for the Western Cape Teaching Hospitals through the NHLS, the Private sector and for clinical and basic science trials in allergy and asthma at the University of Cape Town Lung Institute. In addition Specific IgE testing for indigenous allergens is available using Western Blot Techniques. Nasal smear cytology, serum tryptase determinations and samples are processed for autoantibody determinations to the fc Epsilon receptor on basophils.
3. **Drug Hypersensitivity Testing:** The unit continued to provide postgraduate clinical training for fellows and diplomates in allergology, particularly in the field of immunotherapy, drug allergy sensitivity testing and food allergy. Training sessions have also been conducted in resuscitation and allergy education and in skin prick testing for nurses and doctors.

Publications:

A. ARTICLES IN INTERNATIONAL PEER REVIEWED JOURNALS

1. Ehrlich R, Jordaan E, Du Toit D, Potter PC, Volmink J, Zwarenstein M, Weinberg EG. Responsiveness among primary school children with asthma/wheeze, 2000.
2. Comparison of the efficacy, safety and quality of life provided by Fexofenidine Hydrochloride 120mg, Loratidine 10mg and placebo administered once daily for the treatment of seasonal allergic rhinitis. Van Cauwenberg P, Juniper EF, STAR Study Investigating Group (including Potter PC). Clin. Exp. Allergy 2000, 30(6):891-899.
3. Allergy and other adverse reactions to sea food (review). Lopata A, Potter PC. Allergy and Clinical Immunology International 2000 12(6):271-281.
4. Peripheral blood mononuclear cells from both atopic asthmatic and non atopic children show a T-helper 2 cytokine response to house dust mite allergen. Nurse B, Puterman AS, Haus M, Berman D, Weinberg EG, Potter PC. Journal of Allergy and Clinical Immunology 2000; 106(1): 84-91. (cited 5 times)
5. Allergenicity of the Indigenous Grasses of Southern Africa. Prescott R, Potter PC. ACI International; 12 (6): 282-287.
6. Allergology in Southern Africa (editorial). Potter PC. ACI International 2000; 12(16): 253.
7. Household smoking and bronchial hyperresponsiveness in children with asthma. Ehrlich R, Jordaan E, Du Toit D, Potter P, Volmink J, Zwarenstein M, Weinberg EG. Journal of Asthma 2001; 38(3): 239-251.
8. Latex Allergy in Southern Africa. Potter PC. Allergy and Clinical Immunology International 2002; 14(1): 10-13.
9. Long-term management of atopic dermatitis in infants with topical pimecrolimus, a non-steroid anti-inflammatory drug. Alexander Kapp, Kim Papp, Ann Bingham, Regina Folster-Holst, Jean-Paul Ortonne, Paul C Potter, Wayne Gulliver, Carle Paul, Stephen Molloy, Nathalie Barbier, Mark Thurston, Yves De Prost. Journal of Allergy and Clinical Immunology 2002: 119: 277-284.

10. Consensus group on new generation antihistamines (CONGA). S.T. Holgate: Panel of cardiotoxicity. Morganroth J, Potter PC, Taglietela M. *Clin Exp Allergy* 2003; 33: 1305-1324.
11. Safety and Efficacy of nonsteroid pimecrolimus cream 1% in the treatment of atopic dermatitis in infants. Vincent C Ho, MD, Aditya Gupta, MD, Roland Kaufmann, MD, Gail Todd, PHD, Francisco Vanaclocha, MD, Roberto Takaoka, Regina Fölster-Holst, MD, Paul Potter, MD, Katherine Marshall, Mark Thurston, MSc, Christopher Bush, PHD, and Robert Cherill, MS. *J Pediatr* 2003; 142: 155-62
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13. The effects of Fexofenadine on reaction time, decision-making and driver behaviour. Potter PC, Van Niekerk CH, Scheepers JM. *Annals of Allergy* 2003; 91: 177-181. (cited 4 times)
14. Triamcinolone Acetonide (Nasacor AQ) improves quality of life in persistent allergic rhinitis. Potter PC, Van Niekerk C, Schoeman HS. *Annals of Allergy* 2003 Oct; 91(4): 368-374. (cited 8 times)
15. Pimecrolimus 1% (Elidel®) is effective against acute signs of inflammation in infants with atopic dermatitis. Patel DN, Kaufmann Ronald, Folster-Holst Regina OR, Aditya K Gupta, Vanaclocha F, Takaoka R, Potter PC, Paul Carle, Bush Christopher, Cherill Robert. *Paediatric Dermatology*, 2003.
16. Bronchial hyperresponsiveness and atopy in urban and rural South African children. Steinman H, Dawson H, Kawalski M, Toerien M, Potter PC. *Paediatric Allergy and Clinical Immunology* 2003; 14: 383-393. (cited 3 times)
17. Immunotherapy vaccines and allergen avoidance: new evidence for sublingual immunotherapy. PC Potter. *Proceedings of the 8th Congress of the Asian Pacific Society of Respiriology, Kuala Lumpur, 2003.*
18. The increase in the prevalence of asthma bronchial hyperreactivity and atopy in Africans. PC Potter. In "Asthma: from Genes to Clinical Management" E.d. Sepiashvili R. St.Petersburg 2003. *Int Proceedings and Diseases. Monduzzi* 2003; 109-112
19. Levocetirizine is effective for symptom relief including nasal congestion in persistent allergic rhinitis in patients sensitised to house dust mites. Potter PC. *Allergy* 2003; 58: 893-899. (cited 17 times)
20. The Increase in Prevalence of Asthma and Atopy in Africans. Potter PC. *Asthma Acta* 2003; 4: 57-58.
21. Qualitative and Quantitative evaluation of bird specific IgG antibodies. Lopata A, Schinkel M, Potter PC, Anderson C, Johansson S. *Int. Archives of Allergy and Immunol* 2004; 134(2): 173-178.
22. The effect of betamethazone and loratadine combination therapy on severe exacerbations of allergic rhinitis: a randomised controlled trial. Snyman JR, Groenewald M, Potter PC, Levin J. *Clinical Pharmacology. Clin Drug Invest* 2004; 24(5): 265-273.
23. Effect of Pimecrolimus Cream 1% on the long-term course of paediatric atopic dermatitis. Papp K, Staub D, Harper J, Potter PC, Puig L, Ortonne JP, Molloy S, Barbier N, Paul C. *Int J Dermatology* 2004: 1365-4632
24. The association of prolonged breastfeeding and allergic disease in poor urban children. Obihara CC, Marais BJ, Gie RP, Potter PC, Lombard CJ, Kimpen J, Beyers N. *European Resp Journal*, 2005; 25: 78-977.
25. Inverse association between M.tuberculosis infection and atopic rhinitis in children. Obihara CC, Beyers N, Gie RP, Potter PC, Marais BJ, Lombard C, Enarson DA,

- Kimpem JLL. Allergy, *European Journal of Allergy and Clinical Immunology* 2005; 60: 1121-1125
26. Long-term control of atopic dermatitis with Pimecrolimus Cream 1% in infants and young children: a two-year study. Papp K, Weibel T, Folster-Holst R, Ortonne JP, Potter PC, De Prost Y, Davidson M, Barbier N, Goertz HP, Paul C. *J Am Acad Dermatol* 2005 Feb; 52(2): 240-246. (cited 10 times)
 27. Long-term treatment of atopic dermatitis with Pimecrolimus Cream 1% in infants does not interfere with the development of protective antibodies after vaccination. Papp K, Breuer K, Meuser M, Ortonne JP, Potter PC, De Prost I, Davidson M, Barbier M, Goertz HP, Paul C. *J Am Acad Dermatology* 2005 Feb; 52(2): 247-253. (cited 8 times)
 28. Occupational allergy in laboratory workers caused by the African migratory grasshopper *Locusta Migratoria*. Lopata AL, Fenemore B, Jeebhay MG, Gade G, Potter PC. *Allergy* 2005 Feb; 60(2): 200-205.
 29. Low prevalence of latex sensitivity in South African *Spina Bifida* children. Johar A, Lim D, Mad Arif S, Hawarden D, Du Toit G, Weinberg EG, Motala C, Fieggen G, Yeang HY, Potter PC. *Paediatric Allergy and Clinical Immunology* 2005 Mar; 16(2): 165-170.
 30. Efficacy and safety of levocetirizine on symptoms and health-related quality of life of children with perennial allergic rhinitis: a double-blind, placebo-controlled randomized clinical trial. PC Potter (for the Paediatric Levocetirizine Study Group). *Ann Allergy Asthma Immunol* 2005, August; 95(2): 175-180.
 31. The association of prolonged breastfeeding and allergic disease in poor urban children. CC Obihara, BJ Marais, RP Gie, PC Potter, ED Bateman, CJ Lombard, N Beyers, JLL Kimpem. *Eur Respir J* 2005; 25: 970-977.
 32. Hypersensitivity to aerolised spitting cobra venom. RA Prescott, PC Potter. *Annals of Allergy Asthma Immunol* 2005 Mar; Vol.94 (5): 600-603. (cited 1 time)
 33. The association between atopy, asthma and tuberculin test in children living in an area with high prevalence of tuberculosis. CC Obihara, SWP van Lill, R Gie, P Potter, BJ Marais, AC Hesseling, K Lawrence, D Carman, C Lombard, E Bateman, N Beyers, JL Kimpem. *European Respiratory Journal*, 2005; 25: 970-977
 34. Should we stop or start drug research in Paediatrics? (Editorial) PC Potter. *J World Allergy Org*, 2005; 17(5).
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 37. Microenvironmental and serum effects on the Beta2 adrenergic receptor in asthma. PC Potter *International Journal on Immunorehabilitation*, 2005. Proceedings: IV European Asthma Congress; 7(2): 49-50.
 38. Update on sublingual immunotherapy. PC Potter. *Annals of Allergy Asthma Immunol*, 2006; 96 (Suppl 1): S22-S25
 39. Autoantibodies to the FCεR1α receptor in children with chronic urticaria. G du Toit, R Prescott, P Lawrence, A Johar, G Brown, EG Weinberg, C Motala, PC Potter. *Annals of Allergy Asthma Immunol*, 2006; 96: 341-344.
 40. Making the allergic child happy: treating more than symptoms. H van Bever, PC Potter. *Clinical and Experimental Allergy Reviews*, 2006; 6: 6-9.
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42. Allergy Practice Worldwide: A Report by the World Allergy Organization Specialty and Training Council. *Allergy Clin Immunol Int. J World Allergy Org* 2006; 18: 4-10. Warner J., Kaliner M., Cruci C., Del Giacco S., Frew J., Liu G., Maspew G., Moon H., Nakagawa T., Potter P.C., Rosenwasser L., Singh A., Valovirta E., Van Cauwenberg P.
43. Allergy Practice Worldwide: A Report by the World Allergy Organization Specialty and Training Council. *Int Arch Allergy Immunol*, 2006; 139: 166-174. Warner J., Kaliner M., Cruci C., Del Giacco S., Frew J., Liu G., Maspero G., Moon H., Nakagawa T., Potter P.C., Rosenwasser L., Singh A., Valovirta E., Van Cauwenberg P.
44. Requirements for Physician Training in Allergy. *Allergy Clin Immunol Int – J World Allergy Org*, 2006; 18: 92-97. Kaliner MA, Del Giacco S, Crisci CD, Frew J, Liu G, Maspero J, Moon H, Nakagawa T, Potter PC, Rosenwasser LJ, Singh AB, Valovirta E, Van Cauwenberge P, Warner JO; (WAO Specialty and Training Council).
45. Pharmacologic and anti-IgE treatment of allergic rhinitis ARIA update (in collaboration with GA²LEN). Bousquet J, Van Cauwenberge P, Bauchert C, Baena Cagnani C, Canonica G, Custovic G, Custovic A, Potter P, Scadding G, Simons ER, Yusuf O (and 30 members of the International Working Group on Rhinitis), *Allergy*, 2006; 61: 1086-1096
46. Pollen aeroallergen sensitization in children with seasonal allergic rhinitis. C Baena-Cagnani, A Finn, P Potter, EO Meltzer, U Wahn, A Emeryk, P Hardy, E Ruuth. *Allergy Clin Immunol Int – J World Allergy Org*, 2006; 18(5): 184-191.
47. Prevalence of mutations leading to complete C6 deficiency (C6Q0) in the Western Cape, South Africa and detection of novel mutations leading to C6Q0 in an Irish family. Parham KL, Roberts A, Thomas A, Würzner R, Henderson HE, Potter PC, Morgan BP, Orren A. *Molecular Immunology* 2007; 44: 2756-2760.
48. Potter PC. Investigating adverse reactions to sulphites and benzoates in patients with chronic urticaria and angioedema. *International Journal on Immunorehabilitation* 2007; 9(1): 31-32.
49. Potter PC. Allergies and asthma in Southern Africa: an update. *International Journal on Immunorehabilitation* 2007; 9(1): 37-38.
50. Canonica GW, Baena-Cagnani CE, Bousquet J, Bousquet PJ, Lockey RF, Malling H, Passalacqua G, Potter P, Valovirta E. Recommendations for standardization of clinical trials with Allergen Specific Immunotherapy for respiratory allergy – A statement of a World Allergy Organization (WAO) taskforce. *Allergy* 2007; 62: 317-324.
51. Potter PC. Investigating adverse reactions to sulphites and benzoates in patients with chronic urticaria and angioedema. *Int J Immunorehabilitation*, 2007; 9(1): 31-32.
52. Potter PC. Trends in Beta-2-Agonist Therapy. *Allergy Clin Immunol Int – J World Allergy Org* 2007; 19: 155-158.
53. Canonica GW, Passalacqua G, Lockey RF, Pawankar R, Potter P. Current status of allergen immunotherapy around the globe: Four commentaries. *Allergy Clin Immunol Int – J World Allergy Org*, 2007; 19(3): 117-120.
54. Del Giacco S, Rosenwasser LJ, Crisci CD, Frew AJ, Kaliner MA, Wah Lee B, Guanghui L, Maspero J, Moon HB, Takemasa N, Potter PC, Singh AB, Valovirta E, Vervliet D, Warner JO. WAO Position Paper: What is an Allergist? Reconciled Document Incorporating Member Society Comments, September 3, 2007. *WAO Journal*, January 2008; 19-20.
55. Bousquet J, Baena-Cagnani C, Canonica G, Custovic A, Kaliner M, Batman E, Potter P et al. Allergic rhinitis and its impact on asthma (ARIA) 2008 update (in collaboration with the World Health Organization, GA²LEN* and AllerGen**). *Allergy* 2008; 63 (Suppl 86): 8-160.

56. Potter PC, Kapp A, Maurer M, Guillet G, Anca M, Hauptman P, Finlay Y. Comparison of the efficacy of levocetirizine 5mg and desloratadine 5mg in chronic idiopathic urticaria. *Allergy* (in press 2008).

**B. ARTICLES PUBLISHED IN SOUTH AFRICAN MEDICAL JOURNALS
(PEER REVIEWED)**

1. Guideline for the management of Chronic Asthma in Children. Motala C, Kling S, Gie R, Potter PC, Manjra A, Vermeulen J, Weinberg EG, Green R. *S Afr Med J* 2000,90(5); 524-539. (cited 4 times)
2. Latex Allergy: The Red Cross Childrens Hospital experience. Brathwaite N, Motala C, Schinkel M, Toerien A, Potter PC. *S Afr Med Journal* 2001; 91(9):750-751. (cited 1 time)
3. Latex Allergy at Groote Schuur Hospital. Prevalence clinical features and outcome for affected individuals. Potter PC, Crombie I, Marian A, Kosheva O, Maqula B, Schinkel M. *S Afr Med Journal* 2001; 91(9):760-765.
4. Latex Allergy : Time to adopt a powder free policy nationwide (editorial). Potter PC. *S Afr Med Journal* 2001; (9):746-749.
5. Allergenicity and Cross Reactivity of Buffalo Grass (*Stenotaphrum Secundum*). Prescott R, Potter PC. *S Afr Med Journal* 2001; 91:237-243. (cited 2 times)
6. Latex Gloves More Harm than Good. De Beer C, Cilliers J, Truter EJ, Potter PC. *Medical Technology SA* 1999,13(1); 282-288.
7. Rapid onset of Action of Fexofenidine (Telfast). Potter PC, Schoeman HS. *Current Allergy and Clinical Immunology* 2001(14)2:14-17.
8. Allergy in Children with learning disabilities. Fenemore B, Potter PC. *S Afr Med Journal* 2002, 91(23):1043-1044 (cited 2 times)
9. Aeroallergy in South African Olympic Athletes. Hawarden D, Baker S, Toerien A, Prescott R, Derman W, Leaver R, Potter PC. *S Afr Med Journal* 2002 : 92(5) 355-356.
10. Immunotherapy: An Update. SIT and SLIT. Potter PC. *South African Medical Journal. SAMJ (CME)*, March 2002; 20(3): 134-140
11. Perceived and confirmed allergy in children with learning disabilities and hyperactivity (letter). Fenemore B, Potter PC. *South African Med Journal* 2001; 91(12):1043-1044.
12. A survey of perceived and confirmed allergy in children with learning disabilities and hyperactivity. Fenemore B, Potter PC. *Current Allergy and Clinical Immunology* 2002;15(1):24-28.
13. Pharmacists and allergy skin testing. Potter PC. *S Afr Med Journal*, 1994; 84(6): 357. (cited 1 time)
14. Evaluation of immunotherapy for seasonal and perennial allergic rhinitis. Hassan H, Toerien A, Potter PC. *Current Allergy and Clinical Immunology*, 2003; 16(11): 22-23.
15. Complement component C6 deficiency and susceptibility to *Neisseria Meningitidis* infection. Orren A, Potter PC. *S Afr Med Journal* 2004; 95(5): 345-346.
16. A clinical approach to bee sting allergy. PC Potter. *Current Allergy Clin Immunol* 2005, 18(2): 4-7.
17. Childhood atopic eczema consensus document. AI Manjra, P du Plessis, R Weiss, CM Motala, PC Potter, N Raboobee, N Ndlova, M Davis, EG Weinberg. *SAMJ*, June 2005; 95(6): 435-440. (cited 1 time)
18. Problematic childhood atopic eczema consensus document. PC Potter, AI Manjra, P du Plessis, N Raboobee, N Ndlova, M Davies, E Weinberg (Members of the SA Childhood Working Group of the Allergy Society of South Africa). *SAMJ*, Feb 2006; 96(2): 86-87.

19. The Allergy Clinic: 50 Years. EG Weinberg, PC Potter, C Motala. SAMJ, 2006; 96(9): 902-904.
20. Editorial – The Clinical Management of Allergic Rhinitis: A 2006 Consensus Update. Potter PC, Carte G, Davis G, Desmarais P, Friedman R, Gill M, Gravet C, Green R, Groenewald M, Hockman M, Jeena P, Jooma O, Joyce G, Manjra A, Ossip M, Seedat R, Steer J, Vidjak D, Wolff L (Members of the SAARWG). SAMJ, 2006; 12(2): 1269-1272.
21. Requirements for Physician Training in Allergy. Kaliner MA, Giacco SD, Crisci CD, Frew AJ, Liu G, Maspero J, Moon H, Nakagawa T, Potter PC, Rosenwasser LJ, Singh AB, Valovirta E, Van Cauwenberge P, Warner JO; (WAO Speciality and Training Council); Current Allergy & Clinical Immunology, August 2006; 19 (3): 113-117)
22. PC Potter. Overview of the indigenous allergies of Southern Africa. Current Allergy & Clinical Immunology, Nov 2007; 4(26): 174-178.
23. PC Potter. The future direction of Allergology in South Africa. Current Allergy & Clinical Immunology, Nov 2007; 4(26): 170-173.
24. Green R, Potter PC. Antibiotic allergy in the intensive care unit. Current Allergy and Clinical Immunology, August 2007; 3(20): 130-134.
25. Prescott RA, Potter PC. Immunochemical characterization of grass pollen allergens in South Africa. Current Allergy and Clinical Immunology 2007; 4(26): 189-193.
26. Potter PC. Allergic evaluation of the atopic patient. SA Family Practice 2008; 50(5): 10-15.

C. ARTICLES IN NON-PEER REVIEWED JOURNALS

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2. Fight the Mite. Potter PC. TLC Magazine 2000,27.29.
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4. The Place of Prednisone in the treatment of Asthma. Potter PC. Bridgett Publications, 2001.
5. Alternative Products and Latex Free protocols for latex allergic individuals in South Africa. Potter PC, Fuchs A, Crombie I. Editorial Booklet. Regent Medica (Ince Press) Published, 2001.
6. Allergies and the Olympics (Editorial) Potter PC. Current Allergy and Clin Immunology 2000;13(2)2.
7. Atopy in South African Olympic Athletes. Hawarden D, Baker S, Toerien A, Prescott R, Derman W, Potter PC. Current Allergy and Clin Immunology 2000;13(2):4-6.
8. Allergic Disease. An overview. Potter PC. MIMS Disease Review 1999:17-22.
9. Rhinitis. Potter PC. MIMS Disease Review 1999:131-139.
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11. Allergic rhinitis a holistic approach. Potter PC. Specialist Medicine 2001; 41–44.
12. Getting on top of the latex allergy epidemic: The “powder free” solution. Potter PC. Specialist Medicine 2000; 600- 601.
13. Sublingual immunotherapy (SLIT). Effective and Safe. Potter PC. Specialist Forum (Sept) 2001; 42 – 50.
14. Patient information on drug allergy. Potter PC. ALLSA Publication – September 2001.
15. Crustacean allergy in South Africa. Current Allergy 14(3): 35 – 37.

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19. The Role of Food Allergy and Allergy Testing in atopic dermatitis. Potter PC. *SA Dermatology Review* 2002 (2) 15-22.
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21. A revised Nomenclature for allergy. Potter PC. *Current Allergy* 2002;15(3) 92-96.
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25. Commentary on the revised Nomenclature for allergy. Potter PC. *The Specialist Forum*, 2003; 15(3): 17-22
26. Understanding Pollenosis. Potter PC. *S A Fam Pract* 2003; 45(7): 29-34
27. Sublingual allergy immunotherapy: Highly effective and safe in children with allergic rhinitis and asthma. PC Potter. *Paediatric Review* 2004; 1(1): 26-31
28. Levocetirizine: Clinical efficacy, quality of life and effectiveness. UCB Publication, 2004.
29. News: Dr Ann Orren. Potter PC. *Current Allergy Clin Immunol* 2004 Aug; 17(3): 41.
30. Univadis. Excerpta Medica. Potter PC. Commentary on "How much is too much?" The potential for defined food allergy thresholds on *Toxic Appl Pharmacol*, 2005; 207 (2 Suppl): 152-156. O'Hourihane, Knust AC. Thresholds of allergenic proteins in foods.
31. Sublingual immunotherapy: safe allergen immunomodulation beyond the specialised centres. PC Potter. *SAMJ (CME)*, September 2005; 23(9): 450-452
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39. An update of food allergy: what every healthcare practitioner should know. PC Potter. *SA Fam Pract* 2005; 47(8).
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D. CHAPTERS IN BOOKS

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2. Pollen Allergy in South Africa. Potter PC, Amato E, Bonini S. In Pollinosis 2000 a global approach 2001; 117-120.
3. Drug Allergy. Potter PC. ALLSA Manual of Allergy 2nd Edition – 2001 Ince Press 134-142.
4. Investigating the Allergic Patient. Potter PC Buys C. ALLSA Manual of Allergy 2nd Edition – 2001 Ince Press 1 – 17.
5. The Skin Prick Test. Toerien A, Potter PC, Buys C. Manual of Allergy, 2nd Edition, Ince Press, 261.
6. Latex Allergy. Potter PC. ALLSA Manual of Practical Allergy, 2nd Edition, Ince Press 178-189.
7. Allergen Immunotherapy. Potter PC. MIMS Disease Review 2003, 1-5
8. An approach to rhinitis including allergic rhinitis. Potter PC. MIMS Disease Review 2003, 27-35
9. Atopic eczema in infants: Investigations and Management. Potter PC. MIMS Disease Review, 2006; 7-11.
10. Sublingual Immunotherapy for House Dust Mite and Grass Pollen Allergy. Potter PC. MIMS Disease Review, 2006; 16-19.
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E. PUBLISHED ABSTRACTS

1. Rapid Onset of action of Fexofenadine (Telfast). Potter PC, Schoeman HS. Option Fast Study Group. *ACI International* 2000, Suppl 2, page 596.
2. Cross-reactivity of IgE binding components between ingested seafood and inhaled insect allergens. Lopata AL, Fenemore B, Schinkel M, Potter PC. *ACI International* 2000, Suppl 2, Page 628.
3. Allergenecity and cross-reactivity of Buffalo and other indigenous grass pollens in Southern Africa. Potter PC, Prescott R. *ACI International* 2000, Suppl 2, page 667.
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15. Aero-allergy in South African Olympic athletes. Hawarden D, Baker S, Prescott R, Derman W, Potter PC. *Current Allergy* 2001.
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17. Rapid Onset of Fexofenadine (Telfast). Potter PC, Schoeman HS. *ACI International Suppl 2*, 2000: 164.

18. Cross reactivity of IgE binding components between ingested seafood and inhaled insect allergens. Lopata A, Fenemore B, Schinkel M, Potter PC. *ACI International Suppl 2*, 2000: 173.
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22. Latex allergy: Follow up study of outcome for affected employees at Groote Schuur Hospital. *ACI International Suppl 2*, 2000: 19.
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25. Levocetirizine relief of nasal congestion in perennial allergic rhinitis. Potter PC. *Allergy*, 2002; Vol 57 (53): 235
26. Lymphocyte proliferation and IgE responses in Southern African children with a high prevalence of Ascaris infestation. *Allergy*, 2002; Vol 57 (73): 212
27. The rising prevalence of bronchial hyperresponsiveness and atopy in urban and rural South African children. World Asthma Congress, St. Petersburg, Russia. Steinman H, Donson H, Kawalski M, Toerien A, Potter PC. *Asthma Actma*, 2003; Vol 4: 126
28. Pollen allergen sensitization and efficacy of Fexofenadine in children from the Southern Hemisphere. Potter C, Lisanti M, Groenewald M, Portes R, Weinberg E, Vucovich P, Puterman A, Baena-Cagnani C, Hardy P, Ruuth E. *J Allergy Clin Immunol* 2004; 113(2): 5232.
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- Hesseling AC, Lawrence K, Potter PC, Bateman E, Gie R, Kimpen J, Beyers N. *Current Allergy Clin Immunol* 2003; 16(3): 134.
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 45. Comparison between qualitative and quantitative evaluation of bird specific IgG antibodies in exposed and non exposed individuals. XXII Congress ECACI Congress Proceedings/CD Rom, 2004.
 46. Immunotherapy vaccines and allergen avoidance: new evidence for sublingual immunotherapy. PC Potter. *Int Proceedings. Monduzzi* 2004. Bologne, Italy.
 47. Sensitisation to aero-allergens and food allergens in infants with atopic dermatitis in South Africa. Potter PC. *Allergy Clin Immunol Int. J World Allergy Org. Supplement* (1), 2005; 100.
 48. Natural history of milk allergy in atopic children. Hawarden D, Fenemore B, Hill L, Poggenpoel G, Schloss I, Stear G, Levin M, Bruk L, Potter PC. *Current Allergy & Clinical Immunology* 2005, August; 18(3): 131.
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 51. Sensitisation to aero-allergens and food allergens in infants with atopic dermatitis in South Africa. Potter PC. *Current Allergy & Clinical Immunology* 2005, August; 18(3): 131.
 52. Sensitisation to three cockroach species in Southern Africa. Lopata AL, Jeebhay MF, Groenewald M, Manjra A, du Toit G, Sibanda EN, Calvert J, Lee S, Schinkel M, Fenemore B, Motala C, Potter PC. *Current Allergy & Clinical Immunology* 2005, August; 18(3): 134.
 53. Immunological mechanisms in sublingual immunotherapy: what do we know? PC Potter. III World Congress on Immunopathology & Respiratory Allergy. Proceedings, Medimond. Pattaya, Thailand, February 2005. CD Rom
 54. Determination of Aspergillus specific IgG antibodies using the Pharmacia UNICAP in airway disease. M Schinkel, PC Potter. EAACI 2006, Proceedings, Vienna, pg 100, no.320.
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58. Determination of Aspergillus Specific IgG antibodies using the Pharmacia UniCAP in airway disease. Schinkel M, Potter PC. Current Allergy & Clinical Immunology, August 2006; 19(3): 161.
59. Nurse B, Motala C, Brown N, Potter P. Raised house dust mite-stimulated IL13/IFN γ release: Association with allergen-sensitisation rather than atopic disease. Current Allergy & Clinical Immunology, March 2007, 20(1): 42.
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65. Potter P, Nurse B, Hawarden D, Combebias A, Fadel R, Baker S, Fenemore B, Terblanche L. Quality of life and symptoms assessment in sublingual immunotherapy for patients with house dust mite related perennial rhinitis: definition of a responder profile. SAJCH, May 2008; 2(2): 60.
66. Manjra AI, Potter PC, Kadwa MY, Stein SN. The impact of Pimecrolimus cream 1% on quality of life of caregivers of children with atopic eczema in South Africa. Current Allergy & Clinical Immunology, June 2008; 21(2): 94.
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F. CONGRESS PRESENTATIONS:

International:

1. Invited Speaker: Latex Allergy at Groote Schuur Hospital. First Malaysian Congress of Allergology and Immunology – January 2000.
2. Invited Speaker. International Congress of Allergy and Clinical Immunology, Sydney, Australia, 2000.
3. Invited Speaker. 3rd Malaysian Congress of Allergy and Clinical Immunology. Kuala Lumpur – Malaysia January 2002.
4. Allergen Immunotherapy Workshop Convener. Kuala Lumpur, Malaysia 2002.
5. Presentation, “Occupational Allergy to Locusts”. Florence – Italy – 2000. World Congress on Lung Health.
6. Invited Speaker: 4th Congress of the Russian Association of Allergology and Clinical Immunology RAACI Moscow Russia – May 2001.

7. Invited Speaker: Malaysian Paediatric Congress. Penang, September 2002
8. Invited Speaker: European Congress of Allergy and Clinical Immunology. Naples, Italy, June 2002
9. Invited Speaker: Asian Pacific Allergy Symposium. Manila, Philippines, September 2002
10. Invited Speaker: 4th Malaysian Congress of Allergy and Clinical Immunology. Kuala Lumpur, March 2003
11. Invited Speaker: Kenyan Allergy Symposium. Nairobi, February 2003
12. Invited Speaker: Occupational Asthma in South Africa. European Congress of Allergy and Clinical Immunology (ECACI). Paris, June 2003
13. Invited Speaker: "Asthma in Africa". World Congress of Asthma. St. Petersburg, Russia, July 2003
14. Invited Speaker: Asia Pacific Congress of Respiriology. Kuala Lumpur, Malaysia, December 2003
15. Invited Speaker: Immunotherapy Stallergene Symposium. Dubai, United Arab Emirates, October 2003
16. Invited Speaker and Visiting Professor: Allergy CME Lecture Series. Hamad Hospital, Qatar, October 2003
17. Invited Speaker: Aventis update on antihistamines in Dammam, Riyadh and Jeddah, Saudi Arabia, October 2003
18. Invited Professor: World Allergy Organization (WAO). Vancouver, Canada, September 2003
19. Invited Speaker: 14th Congress of ENT Specialists, Taipei, Taiwan, 2004
20. Invited Speaker: Symposium on Advances in the Management of Allergic Rhinitis, Taipei, 2004
21. Invited Speaker: European Congress of Allergy and Clinical Immunology, Amsterdam, 2004. "Mechanisms of sublingual immunotherapy". Stallergenes Symposium.
22. Invited Speaker: American College of Allergy and Clinical Immunology, Boston, USA, 2004. "Update on sublingual immunotherapy".
23. Invited Speaker: World Allergy Organization Congress, Munich 2005. "Bronchodilator Therapy: an update".
24. Invited Speaker: WAO/EAACI Congress, Munich 2005. UCB Symposium. "Antihistamines in children: Primum non nocere".
25. Invited Speaker: UCB Symposium, Bangkok, Thailand, 2005. "Quality of life and allergic rhinitis in children".
26. Invited Speaker: The 6th Malaysian Congress of Allergy and Clinical Immunology. "An update on penicillin and cephalosporin allergy" and "Sublingual immunotherapy in paediatric asthma". Kuala Lumpur, Malaysia, 2005.
27. Invited Speaker: World Congress of Immunopathology, Pattaya, Thailand. "Mechanisms of tolerance in sublingual immunotherapy", 2005.
28. Invited Speaker: III European Asthma Congress, Athens, Greece, 2005. "Microenvironmental influences on Beta-2 receptor functions in asthma".
29. Invited speaker: ENT Society of Argentina, Cordoba, 2005. "Sublingual immunotherapy in asthma: is there a role?".
30. Invited speaker: Argentina Society for Allergy and Clinical Immunology, Buenos Aires, 2005. "Mechanisms of tolerance in sublingual immunotherapy".
31. Invited speaker: 3rd Qatar International Medical Congress, Doha Qatar, 2005. Keynote speaker: Advances in asthma management.
32. Invited speaker: AAAAI International Symposium, Miami (USA), 2006. "Sinusitis in children".
33. Invited speaker: Doha, Qatar. "Urticaria and angioedema". Visiting Professor, Hamad Hospital, 2006.
34. Invited speaker: Damascus, Syria. Antihistamine Symposium, 2006.

35. Invited speaker: Goteburg, Sweden. "Asthma and allergies in Africa", 2007.
36. Invited speaker: Moscow, Russia. World Asthma Congress. "Investigation of adverse reactions to sulphites and benzoates" and "Update of allergies on the African continent", 2007.
37. Invited speaker and Visiting Professor: Doha, Qatar. "Evaluation of adverse reactions to foods" and "Lessons from the increase of allergies and asthma on the African continent", 2007.
38. Invited speaker: World Allergy Congress, Thailand. "Asthma guidelines in paediatrics and the 3rd World", 2007.
39. Chairperson: Galen Summer School, Crete, July 2007.
40. Invited Speaker: World Asthma Forum, Dubai, May 2008 (2 talks).
41. Invited Speaker: World Asthma Congress, Monte Carlo, November 2008. "Asthma in Southern Africa".

Local:

1. Prevalence of Allergy in Children with Learning Disabilities and Hyper-reactivity in 3 Western Cape Schools. Potter PC, Fenemore B. S A Paediatric Congress – Sun City, May 2000.
2. Invited Speaker. Critical Care Society Congress. Latex Allergy. Rondebosch. May 1999.
3. Speaker. HMR Allergy Weekend September 1999.
4. Allergy CPD Meeting. Waterfront Cape Town. (Invited Speaker) September 2000.
5. ALLSA Intercity Meeting. Western Cape. Leukotriene Antagonists. (Invited Speaker) November 2000.
6. Milnerton CPD Meeting. Allergic Rhinitis (Invited Speaker) July 2000.
7. Aventis Allergy Weekend Symposium. (Invited Speaker) February 2000.
8. General Practitioners Refreshers Course (Invited Speaker) Waterfront. February 2000.
9. Invited Speaker. Allergic Rhinitis Update. Stellenbosch October 1999.
10. Invited Speaker. Glaxo Academic Weekend. Spier Estate, Stellenbosch. March 2001.
11. Invited Speaker. Aventis Allergy Workshop. Botswana – February 2001.
12. Invited Speaker. Latex Allergy. S A Society of Anaesthesiologists. Cape Town. March 2001.
13. Invited Speaker. QVAR Symposium. Franschoek – August 2001.
14. Invited Speaker. Allergy Society Symposium on allergy. ENT Weekend. Spier Estate. March 2001.
15. Invited Speaker. GP Symposium. Food Allergies. Cape Town. November 2001.
16. Invited Speaker. ALLSA Congress. Durban 2001.
17. Invited Speaker. Rietvlei Sevenwacht Symposium. Food Allergies. June 2001.
18. Invited Speaker. Mizollen: Clinical Assessment and Management of Rhinitis. Waterfront, August 2001.
19. Invited Speaker. Immunotherapy Workshop. S A Rhinitis Working Group. October 2001.
20. Invited Speaker. "The Role of Immunotherapy and Desensitisation". PC Potter. Asthma for Africa Conference. Cape Town 2001.
21. Invited Speaker. "Latex Allergy". PC Potter. Asthma for Africa Congress. Cape Town 2001.
22. Allergy Diagnosis in Asthma. PC Potter. Asthma for Africa Congress. Cape Town 2001.
23. Invited speaker: Allergy Society of South Africa Annual Congress. Johannesburg, 2002
24. Invited Speaker. Allergy Society of South Africa Congress. Johannesburg, August 2002.

25. Invited Speaker. Allergy Society of South Africa Congress. Waterfront, Cape Town, August 2003.
26. Invited Speaker: GP Refresher Course, Newlands, 2003.
27. Invited Speaker: Elidel Launch (Novartis), Cape Town, 2003.
28. Invited Speaker: SA Theatre Sisters Congress. Cape Town, 2003
29. Invited Speaker: Levocetirizine Launch (UCB), Cape Town, Durban, Johannesburg, 2004.
30. Invited Speaker: Allergy Society of South Africa Annual Congress, 2004 (3 talks)
31. Invited Speaker: MSD Symposium, Cape Town, April 2005
32. Invited Speaker: SA Dermatology Society Congress, Sun City, 2005. (4 talks)
33. Invited Speaker: SA Allergy Society Congress, Durban, 2005
34. Invited Speaker: SA Allergy Society Congress, Sun City, 2006
35. Invited Speaker: MSD Asthma Symposium, Cape Town, 2006
36. Invited Speaker: SA Allergy Society Congress, Cape Town, 2007
37. Invited Speaker: Allergy Society of South Africa, Sun City, June 2008 (3 talks)
38. Invited Speaker: Latex Symposium, Kingsbury, Cape Town, July 2008
39. Invited Speaker: MSD Symposium, Cape Town, August 2008. Guidelines for asthma in childhood”.

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